

San Mateo County Community Resources



Every child
deserves a
medical home.

California Children's Services (CCS) 650 573-2755

Specialized medical care for children with eligible medical conditions (ages 0 up to 21 years).

Child Care Referrals – 4 Cs 650 655-6770

Listings of child care and preschool programs as well as subsidy information.

Child Health & Disability Prevention (CHDP) 650-573-2877

Free health checkups and immunizations for low income children (ages 0 up to 19 years, 21 if Medi-Cal).

Community Gatepath Family Resource Center 650 259-0189

Free information, referral services, advocacy, and parent-to-parent support for children with disabilities or special health care needs.

Dental Care (Denti-Cal) 800 322-6384

Referrals to dental services for Medi-Cal eligible individuals (all ages).

Family Crisis

Counseling and resource information.

Parent Support Line 888 220-7575

Youth & Family Enrichment Services 650 591-9623

Family Assistance Programs

Services for families in the areas of financial, housing, food assistance.

Food Stamps 650 802-6470

Housing 650 802-3300

Golden Gate Regional Center 650 574-9232

Services and case management for those with developmental disabilities (all ages).

Head Start 650 871-5613

Educational, health, and social services to low income children, including children with special needs (ages 0 up to 6 years).

Health Plan of San Mateo (Medi-Cal) 650 616-0050

County Operated Health System providing health care to low income individuals.

Healthy Families 888 747-1222

Assistance with health care to low income children (ages 0 up to 18 years).

Healthy Kids (Health Plan of San Mateo) 650 616-0050

Assistance with health care to low income children (ages 0 up to 18 years).

Legal Aid of San Mateo County 650 558-0915

Counsel and advice on a variety of legal topics.

Mental Health

Evaluation, referral, and services to those with Mental Health or substance problems (all ages).

Drug and Alcohol 650 573-3950

Mental Health Crisis Line 650 573-0350

Mental Health Access Team 800 686-0101

Special Education Local Planning Area 650 802-5464

Services through local public schools for students with special needs (ages 3 up to 21).

Supplemental Security Income (SSI) Hotline 800 772-1213

Cash assistance and Medi-Cal to low income disabled individuals (all ages).

Women, Infants, and Children (WIC) 650 573-2168

Nutrition and breastfeeding counseling, food vouchers, and breast pump loans to low income pregnant or nursing women, infants, and children ages 0 up to 5 yrs.