

# Alameda County Community Resources



Every child deserves  
a medical home.

<b>California Children Services (CCS)</b> Specialized medical care for children with eligible medical conditions (0 up to age 21).		510 208-5970
<b>Child Care Referrals</b> Listings of child care and preschool programs as well as subsidy information. Head Start (HS) and Early HS referrals also available through these resource & referral agencies.	North County South County East County	510 658-0381 510 582-2182 925 417-8733
<b>Child Health Coverage</b> Checkups/immunizations and treatment for low income children (0 up to age 19; 21 if Medi-Cal).	MediCal Alameda County Child Health & Disability Prevention (CHDP) Berkeley CHDP	888 747-1222 510 618-2070 510 981-5300
<b>Dental Care (Denti-Cal)</b> Referrals to dental services for Medi-Cal eligible children (under age 21).	Denti-Cal Application Help Alameda Co. Healthy Smiles	800 322-6384 510 208-5910
<b>Family Crisis</b> Services to parents, caregivers & children needing support, legal services or crisis intervention.	FamilyPaths (Parental Stress Services) Family Violence Law Center	800 829-3777 510 208-0255
<b>Family Resource Network (FRN)</b> Free information, referral services, advocacy and parent-to-parent support for children with disabilities or special health care needs (0 up to age 22).		510 547-7322
<b>Health Services</b>	VISION: UCB Optometry / Special Visual Assessment Clinic (SVAC) HEARING: Center for Early Intervention on Deafness (CEID) UCSF Benioff CHO Audiology UCSF Benioff CHO Speech and Language DEVELOPMENTAL ASSESMENTS: UCSF Benioff CHO Child Development Center	510 642-2020 510 848-4800 510 428-3344 925 979-3440 510 428-3351
<b>Mental Health / Drug &amp; Alcohol Abuse</b> Evaluations and services for those with mental health, drug or alcohol problems (all ages).	Alameda Co. Behavioral ACCESS Thunder Road (substance abuse)	800 491-9099 510 653-6040
<b>Nutrition &amp; Supplemental Food Programs</b> Nutrition and breastfeeding counseling, food vouchers, breast pump loans to low-income pregnant or nursing women, infants and children (0 up to age 5) through WIC.	Alameda Co. WIC Toll Free WIC Berkeley WIC Alameda Co. Food Bank Helpline	510 595-6400 888 942-9675 510 981-5360 800 870-3663
<b>Public Health &amp; Other Resources</b> Information about health referrals. General county assistance referrals.	Alameda Co. Clearinghouse Berkeley Advice Line - Nurse of the Day 211 Line for Alameda Co.	888 604-4636 510 981-5300 211
<b>Regional Center of the East Bay (RCEB)</b> Services for those with developmental disabilities (all ages). "Early Start" and "Prevention Program" provide services for children (0 up to age 3) with developmental concerns (see back side).	RCEB Main Early Start & Prevention Program	510 618-6100 510 618-6195
<b>Special Education Local Plan Areas (SELPAs)</b> Support/oversee special education services delivered by Local Education Agencies (LEAs - public school districts) to IDEA-eligible students with special needs (3 up to age 22); (0 up to age 22) with Low Incidence disability. (Referral Pad has district numbers)	Alameda County Office of Education Alameda/Albany/Berkeley/ Emeryville/Piedmont Oakland Castro Valley/Hayward/San Leandro/San Lorenzo New Haven/Newark/Fremont Dublin/Livermore/Sunol Glen/Mountain House Elem./Pleasanton	510 670-7736 510 525-9800 510 879-8100 510 537-3000 510 659-2569 925 426-9144
<b>Supplemental Security Income (SSI)</b> Cash assistance and Medi-Cal to low-income disabled individuals (all ages).		800 772-1213



First 5 Alameda County generously funded updates.

Alameda County Medical Home Project: Phone/Fax (510) 540-8293

Agencies	Eligibility	Income Requirements	Services
<p><b>Family Resource Network (FRN)</b></p> <p>(510) 547-7322</p>	<ul style="list-style-type: none"> <li>• Ages 0 up to 22 years</li> <li>• All families and/or caregivers of special needs children residing in Alameda County</li> </ul>	<ul style="list-style-type: none"> <li>• No income limits</li> </ul>	<ul style="list-style-type: none"> <li>• Parent to parent support for families of children with special health and developmental needs including children who are at "high risk" for delays</li> <li>• Free information and referral services to generic agencies</li> <li>• Family navigation of services</li> <li>• Quarterly newsletter</li> <li>• Resource library</li> <li>• Training &amp; Advocacy</li> </ul>
<p><b>Special Education Local Plan Area (SELPA)</b></p> <p>See reverse side for individual SELPA #s.</p> <p>See Rx Pad for school district #s. One must <u>write</u> district to request assessment to determine eligibility.</p>	<ul style="list-style-type: none"> <li>• Ages 0 up to 22 years</li> <li>• District assessment process determines eligibility</li> <li>• Disability categories: autism; deafness; deaf-blind; emotional disturbance; hearing impairment; mental retardation; multiple disability; orthopedic impairment; other health impairment; specific learning disability; speech/language impairment; traumatic brain injury; visual impairment, including blindness</li> <li>• <b>AND</b> who need special education to benefit from public education</li> <li>• Early Start eligible: Solely Low Incidence (SLI) - hearing, visual and orthopedic impairments</li> </ul>	<ul style="list-style-type: none"> <li>• No income limits</li> <li>• Free and Appropriate Public Education (FAPE), at no cost to the parents, in the Least Restrictive Environment (LRE).</li> </ul>	<ul style="list-style-type: none"> <li>• Support / Oversight of special education services delivered by local school districts</li> <li>• Individualized Education Program (IEP)</li> <li>• Specialized instruction and necessary Related Services such as: <ul style="list-style-type: none"> <li>• Home visits/Respite (Early Start only)</li> <li>• Assistive Technology (AT)/services</li> <li>• Family training, counseling</li> <li>• Nursing assessments</li> <li>• Hearing Screening and services</li> <li>• Vision screening &amp; services</li> <li>• Health-related services at school</li> <li>• OT &amp; PT</li> <li>• Psychological, Mental Health services</li> <li>• Speech/Language services</li> <li>• Adaptive Physical Education</li> <li>• Transportation</li> <li>• Others as needed (not an exhaustive list)</li> </ul> </li> </ul>
<p><b>Regional Center of the East Bay (RCEB)</b></p> <p>(510) 618-6100</p> <p>(# for ages 3 and up)</p>	<ul style="list-style-type: none"> <li>• Life Span</li> <li>• Developmental disabilities including retardation, cerebral palsy, epilepsy, autism</li> </ul>	<ul style="list-style-type: none"> <li>• No income limits</li> <li>• Family Cost Participation (FCPP) required on respite, daycare and camping (3-18) services for families over 400% of Federal Income Guidelines (FIG) [also known as Federal Poverty Level, or FPL] and whose children are ages 0 up to age 18.</li> </ul>	<ul style="list-style-type: none"> <li>• Non-medical services, mostly case-management</li> <li>• Family support, respite, crisis intervention, special living arrangements, community integration</li> <li>• Interpreter/translator, advocacy, transportation vouchers</li> <li>• Assessment, rehabilitation and training, treatment, therapy, prevention, special equipment (usually as payer of "last resort")</li> </ul>
<p><b>Early Start Prevention Program</b></p> <p>(510) 618-6195</p> <p>(RCEB # for ages 0-3)</p>	<ul style="list-style-type: none"> <li>• 0 up to age 3</li> <li>• Presenting with significant developmental delay</li> <li>• Diagnosed physical or mental condition that has a high probability of resulting in a developmental delay</li> <li>• Prevention Program assumes responsibility for 0-3 year olds who are at "high risk" for delays in development or who are referred between 24 and 35 months with a level of delay that does not meet Early Start eligibility</li> </ul>	<ul style="list-style-type: none"> <li>• For specific health care services identified in the IFSP, families are required to use their private insurance or health care service plan; Regional Center remains "payer of last resort"</li> </ul>	<ul style="list-style-type: none"> <li>• Intake / Assessment</li> <li>• Diagnostic services</li> <li>• Case management</li> <li>• Monitoring</li> <li>• Nursing</li> <li>• OT &amp; PT</li> <li>• Respite</li> <li>• Assistive devices / services</li> <li>• Audiology services</li> <li>• Family training, counseling, home visits</li> <li>• Some health services</li> <li>• Special instruction</li> <li>• Speech/Language services</li> <li>• Transportation</li> <li>• Vision services</li> <li>• Referral for generic services</li> <li>• Nutritional counseling</li> <li>• Psychological services</li> <li>• Social Work services</li> </ul>
<p><b>County Mental Health</b></p> <p>(800) 491-9099</p>	<ul style="list-style-type: none"> <li>• Life Span</li> <li>• Children/Youth with full scope Medi-Cal (0 up to age 21)</li> <li>• Children/Youth in Healthy Families Program (0 up to age 19)</li> <li>• Special education referrals from schools (0 up to age 22)</li> </ul>	<ul style="list-style-type: none"> <li>• Medi-Cal or Healthy Families income limits</li> <li>• No income limits if referred by school system</li> </ul>	<ul style="list-style-type: none"> <li>• Outpatient assessment or psychological evaluation &amp; referral to community practitioners</li> <li>• All services required of an IEP including day &amp; residential treatment as necessary</li> <li>• Psychological emergency services (for a fee, if not covered by insurance)</li> </ul>
<p><b>California Children Services (CCS)</b></p> <p>(510) 208-5970</p>	<ul style="list-style-type: none"> <li>• 0 up to age 21</li> <li>• Children and youth with physical injuries, illness, or disabilities (see CCS diagnoses below)</li> </ul>	<ul style="list-style-type: none"> <li>• For diagnostics, PT &amp; OT: no income requirements</li> <li>• For coverage of CCS condition, income less than \$40,000</li> <li>• If medical expenses greater than 20% family income</li> </ul>	<ul style="list-style-type: none"> <li>• Diagnostic services</li> <li>• High Risk Infant Program</li> <li>• All services which apply to condition: doctors, hospital, surgery, PT, OT, lab tests, x-rays, orthopedic &amp; medical equipment, case management including transportation and maintenance</li> </ul>
<p><b>CCS Diagnoses:</b></p>			
<ul style="list-style-type: none"> <li>• Heart conditions</li> <li>• Neoplasms</li> <li>• Blood disorders (hemophilia, sickle cell anemia)</li> <li>• Respiratory system disorders (cystic fibrosis, chronic lung disease)</li> <li>• Endocrine, nutritional &amp; metabolic disorders (PKU, thyroid problems or diabetes)</li> <li>• Genito-urinary system disorders (serious kidney problems)</li> <li>• Gastrointestinal system disorders (biliary atresia)</li> <li>• Serious birth defects (cleft lip/palate, spina bifida)</li> </ul>	<ul style="list-style-type: none"> <li>• Nervous system disorders (cerebral palsy, uncontrolled epilepsy)</li> <li>• Sense organ disorders (hearing loss, loss of vision due to glaucoma or cataracts)</li> <li>• Musculoskeletal &amp; connective tissue disorders (muscular dystrophy, JRA)</li> <li>• Severe disorders of the immune system (HIV)</li> <li>• Disabling injuries &amp; poisonings requiring intensive care or rehabilitation (severe brain, spinal cord injuries &amp; burns)</li> <li>• Complications of premature birth requiring an intensive level of care</li> <li>• Skin &amp; subcutaneous tissue disorders (severe hemangioma)</li> </ul>		